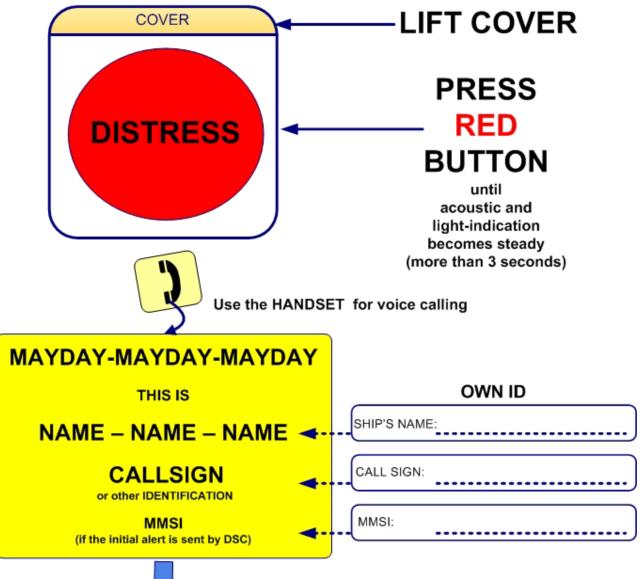
GUIDANCE ON DISTRESS ALERTS





MAYDAY

NAME of the VESSEL in distress

CALLSIGN or other IDENTIFICATION

MMSI

(if the initial alert is sent by DSC)

POSITION

given as latitude and longitude

or

If latitude and longitude are not known or if time is insufficient, In relation to a known geographical location

NATURE of distress

Kind of ASSISTANCE required

Any other useful INFORMATION

DISTRESS and COMMUNICATION FREQUENCIES

		DSC	Radiotelephony	NBDP
,	VHF	Channel 70	Channel 16	
-	MF	2187.5 kHz	2182 kHz	2174.5 kHz
- 1	HF4	4207.5 kHz	4125 kHz	4177.5 kHz
- 1	HF6	6312.0 kHz	6215 kHz	6268.0 kHz
	HF8	8414.5 kHz	8291 kHz	8376.5 kHz
- 1	HF12	12577.0 kHz	12290 kHz	12520.0 kHz
-	HF16	16804.5 kHz	16420 kHz	16695.0 kHz

Remember to use the correct HF-procedures Don't forget your EPIRB is the secondary means of alerting