

First Aid in case of War Gas Exposure

Stop the accident:

1. The person in charge of first aid on board the ship puts on protective gear (butyl gloves and filter mask).
2. Prepare the mobile resuscitation equipment if it is on board.
3. Avoid touching equipment and taking. Do not spread the contamination on board.
4. Manoeuvre the ship into a position where the wind is able to lead any vapours of gas away from crew quarters. Close doors and hatchways.
5. Prepare the ship. If this is not possible without contact with the contaminated area, the crew must wear protective gear (butyl gloves and filter mask).



Symptoms from the airways: shortness of breath- hoarseness - coughing- chest pains – choking sensation

First Aid

1. Give oxygen if available, 6 litres via nasal cannula.
2. The injured person must not smoke, eat or drink and must keep still.

Eyes: burning sensation – reddish – pain - closing - watery

First Aid

1. Rinse the eyes immediately with generous amounts of water.
2. Close the eyes and gently cleanse surrounding skin with soap and water.
3. Give oxygen if available, 6 litres via nasal cannula.

Symptoms from the skin: reddish – itching – burning sensation – corrosive burn

First Aid

1. Wash skin thoroughly with soap and water, dry skin gently with a clean towel and give oxygen if available, 6 litres via nasal cannula.
2. ***Skin contaminated with vaseline-like gaseous substances:*** scraping with a wooden spatula or the back of a knife.
3. Gently remove working clothes and leave it on the site.
4. Wash skin thoroughly with soap and water.
5. Dry skin gently with a clean towel
6. Give oxygen if available, 6 litres via nasal cannula.



First Aid in case of Nerve Gas Exposure

Nerve gas symptoms: Headache – visual disturbance – pressure sensation in the chest - possibly cramps

First Aid

1. Give an Atropine injection immediately through the working clothes into the thigh.
2. Give oxygen if available, 6 litres via nasal cannula.
3. If symptoms do not cease within 10 minutes, another Atropine injection must be given. **No more than 3** injections may be given without a medical consultation.